

HEROES RACE FOR WELLNESS

5K WALK/ RUN



1 MI KIDS (11 AND UNDER-FREE)

Presented by: St. Louis County and GLVFD

SATURDAY, AUGUST 26, 2017

KIDS – 9:00 a.m., ADULTS – 9:15 a.m.
GRAND LAKE FIRE HALL, SAGINAW, MN
HWY 53 and Canosia Road

GUARANTEED T-SHIRT IF REGISTERED BY AUGUST 17th
KIDS GET FREE GATORADE AND PARTICIPATION PRIZE

REGISTER ONLINE WWW.ACTIVE.COM SEARCH ST.LOUISCOUNTY/GLVFDHEROESRACE FOR WELLNESS. RACE DAY REGISTRATION WELCOME.

“TW”



"St. Louis County and/or GLVFD is not responsible for injury or illness arising from the participation in this event"

REGISTRATION

NAME: _____ AGE: _____ PHONE: _____ TEAM NAME (if on team): _____

I PLAN TO: Run Walk Kids Race T-SHIRT SIZE (5k Only): S M L XL

FEE: \$20 for Individual Public Employees and Family Members | \$80 for Public Employee Five Person Teams and Family Members | \$30 General Public | \$100 for General Public Five Person Team | Kids 1mile Free

WAIVER OF LIABILITY I know that running/walking a road and off-road event is a potentially hazardous activity. I should not run/walk unless I am medically able and properly trained. I agree to abide by any decision of the race officials. I assume all risks associated with running/walking in this event, including, but not limited to: falls, contact with other participants, effects of the weather, traffic, and conditions of the road and trail. Having read this waiver and knowing these facts, and in consideration of acceptance of my entry, I waive and release Ramjet Events, St. Louis County, it's agents and employees, all sponsors and representatives from all claims and liabilities of any kind arising from my participation in this event, even though such liability arises from negligence or carelessness on the part of parties named in this waiver. I grant permission to Ramjet Events and St. Louis County to use any photographs, motion pictures, recordings (race times) or any other record of this event for any legitimate purpose.

Signature: _____ Date: _____

Parents Signature (if under 18): _____ Date: _____

Mail check, signed waiver and entry to: OBE RACING, 3018 E 1st St. Duluth, MN 55812